Welcome to Manhood

Concerned Black Men of Los Angeles

Meeting Location	Schedule	Lunch
Cole Middle School, 3126 E Avenue I, Lancaster, CA 93535	**September 2026 – May 2027, 11:00 AM to 1:00 PM**	**Free lunch provided for all participants**

Join us for a year-long series of empowering workshops designed to build confidence, character, and leadership skills.

Date	Workshop Title	Description
9/12/26	💪 **Manhood Defined by Your Choices and Actions**	Exploring how choices and actions shape manhood
10/10/26	🤝 **Leadership: Building Character and Courage**	Self-exploration of character and the role of courage
11/14/26	🎓 **Decision Making: Identifying Priorities and Claiming Responsibility**	Understanding priorities and responsibility
12/12/26	✨ **Climate Control: Assessing My Environment & Managing My Thoughts**	Analyzing environment and its impact on goals
1/9/27	📱 **Prim, Proper, and Prepared**	Self-presentation
2/13/27	⚖️ **Physical and Mental Health: The Essentials of Living a Healthy Life**	Health issues and strategies for healthy living
3/13/27	🏃 **Mentorships, Friendships & Maintaining Healthy Relationships**	Exploring vital relationships and mentors
4/10/27	💎 **College Life and What to Expect**	Education importance and financing higher education
5/8/27	💰 **Financial Leadership**	Work ethic, career success, and entrepreneurship

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