

Concerned Black Men of Los Angeles

Welcome to Manhood: Workshop Topics & Purpose

Gifford C. Cole Middle School | 3126 E Avenue I, Lancaster, CA 93535

September 2023 – May 2024

11:00am to 1:00pm Ages:11-19 years old

Contact Jeremy Tardy /Email:jeremytardy@gmail.com

Sep 09

Manhood Defined by Your Choices and Actions

Help young men understand the relationship between choices and actions and how they relate to a person's definition of Manhood. Define the "ideal man" and explore a vision for one self

Leadership: Building Character and Courage

**Oct1
14**

To engage in an activity that forces us to explore our character and identify the challenges to practicing it. To understand the role of courage in being a man of character. To examine the work of a Dr. King, Malcolm X, and Thurgood Marshall in being leaders and men of character.

Decision Making: Identifying Priorities and Claiming Responsibility

Nov 18

To understand priorities and engage in an activity to identify personal priorities. To define responsibility and discuss the importance of it in maintaining their priorities

Climate Control: Assessing My Environment & Managing My Thoughts

Dec 09

To define "environment" and the importance of it in helping us to achieve our goals and protect our priorities. To introduce the dynamics of an environment and to assess our relationship to it. To understand the control that we have over creating an environment. Knowing our limitations.

Prim, Proper, and Prepared

Jan 13

To discuss the importance of self-presentation and first impressions. To learn formal and informal introductions of oneself. To discuss how the world sees a Black man and how we either combat or reinforce those stereotypes.

Physical and Mental Health: The Essentials of Living a Healthy Life

Feb 10

To discuss the prevalent health issues affecting Black men in America and provide effective strategies for living a healthy lifestyle.

Relationships & Fatherhood: Examining the Role of a Man to that of a Woman

Mar 09

To discuss the role of the man in relation to a woman. To understand what it means to protect and provide for a woman. To explore what it means to be a father, son, husband, provider, and protector. To discuss society's view of gender roles in relation to our own beliefs.

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College Life and What to Expect

Apr
13

To stress the importance of education and realize the long-term financial benefit. Compare and contrast our personal view of college with other's experiences. To learn creative ways to pay for college and obtain financial assistance.

Financial Leadership

May
11

To discuss work ethic and how it relates to successful persons. To review key principles of success. To examine picking a trade and the right training program. To provide an introduction to entrepreneurship and how to start and manage your own business.

