



CBMLA NEWS

FEBRUARY 2023



*Thank you to everyone for your continued support of
CBMLA!*

**Catch up on our FEBRUARY 2023 News and see
what we have coming up in MARCH 2023!**



Welcome to Manhood



Welcome to Womanhood

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CELEBRATE BLACK HISTORY MONTH

This month we celebrated Black History Month, something that should be acknowledged Every month. Thank you to our national organization, Concerned Black Men, for sharing important Black History facts on Social Media daily.

For more information, visit cbmnational.org and find them on Social Media
[@cbmnational](https://www.instagram.com/cbmnational).

Together, we can really make a difference!

February 2023 Recap



These chosen students (by Facilitators Tony and Tunde) attended a Clippers game Friday, Feb. 10, and were selected to be a part of the Clippers Program GMs of Tomorrow! As a surprise to the students, they were able to go down onto the court and high five the players! They will also get to be on a special zoom with the Clippers General Manager (date TBD). 🍷🍷 Thank you LA Clippers and congrats to our amazing students!



On Tuesday, Feb. 28, during the LA Clippers game , Sandy Anderson and Tony Smith were recognized as Clippers Community Heroes!

Sandy was selected because of the incredible work she is doing with our new Welcome to Womanhood Program in Lancaster. Tony was selected because of the outstanding job he is doing with our CARES Program and Welcome to Manhood Program in Los Angeles.

“I want to personally thank Sandy and Tony for their dedicated service in our community”.

Mark Anderson, President

THANK YOU BOTH FOR YOUR HARD WORK! ✨



Welcome to Womanhood - Lancaster

We had such a great day at our Welcome to Womanhood Program on Saturday, Feb. 11. The topic was “Black Women in History: Impact on Today's Society” (room 203). The age group for girls was 11-19 years old. Lunch was provided. Mia Montgomery is the Facilitator. □

She showed a video with 10 black women that impacted the world during slavery and freedom. The girls were given index cards with the name of 10 women on each one. When that name came up on the video, they had to write a fact mentioned in the video. Afterward they read the fact they wrote down.

They then watched a video highlighting Madam CJ Walker. □

For more information, Visit [HERE](#).



Welcome to Manhood - Lancaster

✿We had an amazing time on Saturday, Feb. 11, at our Welcome to Manhood workshop “Relationships & Fatherhood: Examining the Role of a Man to that of a Woman” (room 201). The age group for boys was 11-19 years old. Lunch was provided. ✿

Thank you Jeremy Tardy for being an amazing facilitator!

For more information, visit [HERE](#).



Welcome to Womanhood - Los Angeles

Our Welcome to Womanhood - LA is expanding. One of our most recent programs has been at Enterprise Middle School (2600 W Compton Blvd.). This is a select group of 11 chosen students chosen by the Principal or by student interest in the program. Our most recent meeting was Thursday, Feb. 16, from 8:30-10 a.m. ✨

The topic was “Building Morals Values and Self Esteem”. This month the girls received their t-shirts! ☐

For more information, visit [Here](#).



Welcome to Womanhood - LA

Welcome to Womanhood has expanded, and Monday, Feb. 27, was the first session at Jordan High School!

The topic was “Womanhood Defined” and we made vision boards! □

Our WTW programs at schools in LA grant select students, either chosen by the Principal or those showing interest, the opportunity to participate. □

For more info., visit [HERE](#).

WELCOME
TO THE TEAM

NEW MEMBER

Lomita Martin

CBM
CONCERNED BLACK MEN
OF LOS ANGELES

cbmla.org

Welcome to our newest member, Lomita Martin!

Lomita is very interested in working with our Welcome to Womanhood Program in Los Angeles. She recently retired after working 38 years with County of Los Angeles, Department of Mental Health. ✨

“I knew It was time to retire and I was very excited for the next chapter in my life (more time to participate in self-care recreational/leisure activities like traveling with family/friends, going to the movies, teaching sewing classes on the weekends and spending quality time with my first granddaughter).

However, there was still something missing and before I officially retired I went to two agencies near my previous job requesting to volunteer to teach basic sewing classes to their clients after retirement. I didn't hear back from them nor did I call them back because something just didn't feel right. So I decided to let go of that ideal and really allow God to direct where I should go, which led me to Concerned Black Men of Los Angeles.

I've had 4 years of wonderful, but challenging experience in working with at-risk children and teenagers which I feel will help assist me in working/mentoring both the young women and young men of your agency and also learning from my fellow team members.

Therefore, my bittersweet experience of retiring is not so bitter these days and I look forward with anticipation to what God has in store for me moving forward in all areas of this chapter of my life.”

Sincerely,

Lomita ☐

We are so happy to have you Lomita! ☐

March 2023

SIGMA GAMMA RHO SORORITY, INC. | EPSILON CHI SIGMA ALUMNAE CHAPTER
LANCASTER, CA



YOUTH Symposium

Sigma Gamma Rho Sorority, Inc. Epsilon Chi Sigma Alumnae Chapter
Annual STEM Youth Symposium in partnership
with
Concerned Black Men of Los Angeles CBMLA
and
Bartz Alta-Donna Community Health Center

Date

March 11th 2023

Time

11:00AM- 1:00PM

Location

Cole Middle School

**Providing our youth with tools
to advance in the areas of
education, physical and
mental well-being, financial
stability and careers.
Free admission & lunch!**

Good Health Wins

Empowering Our Youth and Encouraging A Greater Future

This month for our Welcome to Manhood and Welcome to Womanhood workshops in Lancaster, we are doing something totally different!

We are partnering with a local sorority doing a combined girls and boys workshop! We are excited to work with Sigma Gamma Rho Sorority, Inc. Please just us!

Saturday, March 11, 11 a.m.-1 p.m.

Cole Middle School (3126 E Avenue I, Lancaster, CA)

For more information, Visit [HERE](#).

Our monthly workshops are FREE. Registration takes place when you first bring your child to the workshop.

Workshops are offered to all youth in the Antelope Valley, not exclusively for Cole Middle School students only. We are looking forward to seeing everyone next month on Saturday, March 11! □ Visit [CBMLA](#) and follow us on Social Media for weekly updates.



Celebrate Women

WOMEN'S HISTORY MONTH
MARCH 2023



cbmla.org

We honor Women's History Month! Follow us on Social Media as we continue to share facts on Black Women trailblazers, courtesy of CBM National! [@cbmla](https://twitter.com/cbmla)



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\$355 Million has been donated to US Charities.

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Thank you once again for your continued support! 🙏❤️

CBMLA is a non-profit organization. Every dollar we receive is put to work in service of our mentees. Since much of our staff are retired or volunteers, each dollar you donate is funding a scholarship, college tour, or youth development program directly.

During these challenging years of COVID-19 and social injustice, this is an opportunity to give back to organizations that reflect your values and commitment to making real change.

To see how your Sponsorships make a difference, visit [CBMLA CAUSE](#).

PLEASE FOLLOW US ON INSTGRAM @cbmla_ and FACEBOOK @CBMLA

If you would like to become a Member or Mentor of CBMLA and make a difference in today's youth, Learn More [HERE!](#)



[CBMLA.org](#)

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